

Vision:
Ventura County
leads the way to a
Healthy California



Thursday, March 5, 2020

8:30 a.m. – 10:00 a.m.

VENTURA COUNTY PUBLIC HEALTH
2240 E. Gonzales Road, Suite 200
Oxnard, CA 93036

AGENDA

- 8:30 a.m.** **Welcome and Introductions**
- 8:35 a.m.** **National Nutrition Month® - Eat Right, Bite by Bite**
- *An Overview of the Annual Campaign and Themes*
 - *Health Champions 2020!*
 - *Reducing Food Waste*
 - *Resources to consider as we move toward making changes at the personal level and in our own areas of work.*
- 9:00 a.m.** **Workgroup breakout**
- 9:40 a.m.** **Workgroup report back**
- 9:50 a.m.** **Announcements**
- 10:00 a.m.** **Adjourn**
- Next Meeting:** **Thursday, June 4, 2020**
- Ventura County Public Health
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Oxnard, CA 93036

For more Information, visit us at: www.healthyventuracounty.org

Questions? Please contact Sara Rivera at (805) 981-6657 or at sara.rivera@ventura.org.

Mission:
To promote community activities,
policies, systems and environmental
changes that foster healthy eating
and regular physical activity to
counter obesity and its related
chronic diseases.